

KEY TERMS

Canadian Sport Psychology Association (CSPA)

An organization that recognizes individuals who have the necessary competencies to deliver applied sport psychology services in Canada and provides mentoring opportunities to students and young professionals striving to develop such competencies.

Association of Applied Sport Psychology (AASP)

A professional organization in North America that offers certification to qualified professionals who practice in the field of sport, exercise, and health psychology.



Certified Mental Performance Consultant (CMPC)

An individual who has met the highest standard in education, training, and supervised practice, and they have passed a required certification exam to demonstrate their competence as a practitioner. CMPCs also are governed by and committed to high standards of ethical conduct when providing services to the public.



LETS CONNECT!

GENERAL INQUIRES

info@cspa-acps.com

MEMBERSHIP INQUIRES

memberships@cspa-acps.com

SOCIALS

[@cspa_acps](https://www.instagram.com/cspa_acps)



CERTIFICATION EXPLAINED



Benefits of certification



HOW TO GET CERTIFIED

Certification ...



Promotes quality

Recognizing MPCs who have the background and training to provide quality services.



Enhances public service

Helping clients find a qualified MPC to meet their unique needs



Increases professional opportunities for CMPCs

Marketing efforts will become more effective

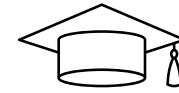
ADDITIONAL BENEFITS

CSPA Membership

- Networking opportunities with working professionals
- Invitation to annual conference
- Professional development activities for recertification
- Discounted liability insurance



1 Obtain a masters and/or doctoral degree in sport psychology or related field.



2 Complete academic and practical requirements stated in CMPC Certification Program Candidate Handbook



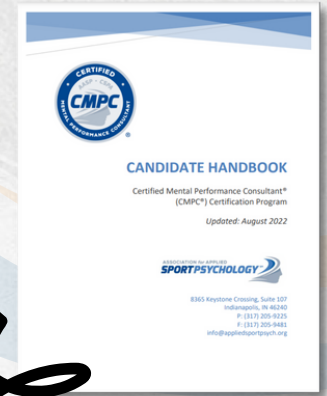
3 Compile application package: transcripts, hour logs, fees, ethical code and mentorship forms



4 Once approved by AASP, register, study, and write the CMPC exam online



5 Once successfully passed the exam, you are now a CMPC! You can also now apply for a CSPA professional membership



CMPC Candidate Handbook



CMPC Exam Study Guide



Scan for more certification resources