**CSPA Early Career Professional Award**

**Description & Instructions**

**Description:** The CSPA Early Career Professional Award (ECPA) is presented on an annual basis to a CSPA professional member in acknowledgement of their **exceptional professional practice in the area of mental performance consulting** in Canada.

**Award Criteria**

The award recipient must:

1. Be a current CSPA professional member and Certified Mental Performance Consultant® (CMPC).
2. Have applied for the award within three years of becoming a professional member of the CSPA.

3. Applicants will be assessed through the demonstration of the following:

1. Exceptional professional practice in the area of mental performance consulting with athletes and/or coaches in Canada at any level
2. Contributions to mental performance consulting in Canada
3. Academic publications
4. Non academic publications
5. Other contributions
6. Reference letters

**Nature of Award**

The award recipient will receive:

1. Award certificate
2. $500.00

**Procedures**

1. Applicants must complete the “Call for Nomination” Form for the CSPA Early Career Professional Award and submit it electronically by **April 21, 2025** to Ashley Duguay at info@teamfirstconsulting.com
2. Applicants must ask 3 referees to electronically submit a letter of recommendation by **April 21, 2025** to Ashley Duguay at info@teamfirstconsulting.com. Letters of recommendation should be provided by a client, a coach, and a CSPA professional member. Referees must justify in less than 750 words why they feel the applicant should receive the award by describing and giving examples of exceptional practice in the field, service to the sport community, and/or professional involvement.
3. Nominations are evaluated by the CSPA Review Committee, who will then make a recommendation to the Managing Council for ﬁnal approval.
4. The award recipient will be notified by email in early May 2025.
5. In order to receive the award, the recipient must submit a 1-to-2-page submission or article to the CSPA Managing Council on the topic of mental performance consulting. This article will be included in a future CSPA nationally-circulated newsletter!

**CSPA Early Career Professional Award
Call for Nomination Form**

Name of the candidate:

Email of the candidate:

Phone number of the candidate:

Year the candidate became a CSPA professional member:

Highest degree obtained (Masters or PhD):

**Reasons why the candidate is exceptional and is a good recipient for this award. Comment on the following areas of expertise.**

1. Direct service to coaches and athletes:
2. Contribution to mental performance consulting in Canada:
3. Other contributions (e.g., sport community, professional involvement):
4. Academic publications and presentations related to mental performance:
5. Non-academic presentations/workshops and publications related to mental performance:
6. Future aspirations of the candidate:

**Please list the individuals who will be submitting a letter of recommendation on the candidate’s behalf:**

Referee #1:

Referee #2:

Referee #3:

*Referees must justify in less than 750 words why they feel the applicant should receive the award by describing and giving examples of exceptional practice in the field, service to the sport community, and/or professional involvement.*