

Reference List

The following list of optional references may be helpful in preparing for the exam. The reference list reflects commonly used resources, however these resources are not required and are not intended to be all-inclusive.

K1: Professional Ethics and Standards

American Psychological Association (2010). Ethical principles of psychologists and code of ethics. Retrieved from: <http://www.apa.org/ethics/code/?item=6#310>

Association for Applied Sport Psychology Code of Ethical Principles and Standards (2017). Retrieved from: <http://www.appliedsportpsych.org/about/ethics/ethics-code/>

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K2: Sport Psychology

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K3: Sport Science

American College of Sports Medicine (2017). *ACSM's guidelines for exercise testing and prescription* (10th ed.). Philadelphia, PA: Lippincott, Williams & Wilkins.

Bompa, T.O., & Haff, G.G. (2009). *Periodization: Theory and methodology of training* (5th ed.). Champaign, IL: Human Kinetics.

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Partridge, J. A., Brustad, R. J., & Stellino, M. B. (2008). Social influence in sport. In T. S. Horn (Ed.), *Advances in sport psychology* (3rd ed.) (pp. 269-295). Champaign, IL: Human Kinetics.

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K4: Psychopathology

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K5: Helping Relationships

Andersen, M.B. (2000). *Doing sport psychology*. Champaign, IL: Human Kinetics.

Corey, G. (2016). *Theory and practice of counseling and psychotherapy* (10th ed.). Belmont, CA: Brooks/Cole.

Halbur, D. A., & Halbur, K. V. (2014). *Developing your theoretical orientation in counseling and psychotherapy* (3rd ed.). Upper Saddle River, NJ: Pearson Education, Inc.

Ivey, A.E., Ivey, M.B., & Zalaquett, C.P. (2014). *Intentional interviewing and counseling: Facilitating client development in a multicultural society* (8th ed.). Belmont, CA: Brooks/Cole.

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Prochaska, J. O., Norcross, J. C., & DiClemente, C. C. (1994). *Changing for good: A revolutionary six-stage program for overcoming bad habits and moving your life positively forward*. New York, NY: HarperCollins Publishers

K6: Statistics and Research Methods

Drummond, R. J., Sheperis, C. J., & Jones, K. D. (2015). *Assessment procedures for counselors and helping professionals* (8th ed.). Upper Saddle River, NJ: Pearson Education, Inc.

Taylor, S.J., Bogdan, R., & DeVault, M.L. (2015). *Introduction to qualitative research methods: A guidebook and resource* (4th ed.). New York, NY: John Wiley & Sons.

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K7: Psychological Foundations

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K8: Diversity and Culture

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